



OCTOBER 2021

Brownsville Middle & High School



Monday

Tuesday

Wednesday

Thursday

Friday

Daily alternate entrée choices:

- PBJ Uncrustable,
- Salads
- Other options which vary daily

Menu is subject to change without notice, We are experiencing supply chain interruptions due to limited product availability, nationwide transportation challenges, and supplier's labor shortages. Our department is working diligently to minimize the effect this may have on our customers. Menu changes are likely to occur on some days, however all students will continue to be offered complete meals that meet USDA menu requirements and nutrition standards.

Farm Rich Pizza Crunchers
Garlic Breadstick
Green Beans
Assorted Fresh Vegetables
Assorted Fruit
Milk

Pasta w/ Meat Sauce **4**
Twisted Cheesy Breadstick
Broccoli & Cheese Sauce
Assorted Fresh Vegetables
Assorted Fruit
Milk

Turkey & Gravy over Biscuit **5**
Mashed Potatoes
Assorted Fresh Vegetables
Assorted Fruit
Milk

Three Cheese Calzone **6**
w/ Pizza Dipping Sauce
Peas
Assorted Fresh Vegetables
Assorted Fruit
Milk

NEW! Teriyaki Walking T **7**
(Sweet Chili Doritos, Chicken Teriyaki & Shredded Mozzarella)
Corn
Assorted Fresh Vegetables
Assorted Fruit
Milk

Wild Mike's Cheese Pizza **8**
Mixed Vegetables
Assorted Fresh Vegetables
Assorted Fruit
Milk
Pudding Cup

Act 80 Day In Service **11**

Mrs. T's Cheese & Potato **12**
Pierogies
Steamed Broccoli
Assorted Fresh Vegetables
Assorted Fruit
Milk, Cookie

Salisbury Steak **13**
Dinner Roll
Mashed Potatoes & Gravy
Assorted Fresh Vegetables
Assorted Fruit
Milk

Brunch Lunch **14**
Pancakes, Sausage
Hash Brown
Assorted Fresh Vegetables
Assorted Fruit
Milk

Mac & Cheese **15**
Bread Stick
Peas & Carrots
Assorted Fresh Vegetables
Assorted Fruit
Milk

Chicken Nuggets **18**
Dinner Roll
Mixed Vegetables
Assorted Fresh Vegetables
Assorted Fruit
Milk

Italian Hoagie **19**
Chicken Noodle Soup
Green Beans
Assorted Fresh Vegetables
Assorted Fruit
Milk

NEW! Sloppy Scoop **20**
(Tostitos Scoops, Sloppy Joe Meat, & Shredded Cheddar)
Corn
Assorted Fresh Vegetables
Assorted Fruit
Milk

BBQ Pulled Pork Sandwich **21**
Oven Fries
Assorted Fresh Vegetables
Assorted Fruit
Milk
Jell-O w/ Topping

Wild Mike's Cheese Bites **22**
w/ Marinara Dipping Sauce
Buttered Carrots
Assorted Fresh Vegetables
Assorted Fruit
Milk

Philly Steak & Cheese Hoagie **25**
Oven Fries
Assorted Fresh Vegetables
Assorted Fruit
Milk

Cheese Ravioli **26**
Twisted Mozzarella Filled
Breadstick
Mixed Vegetables
Assorted Fresh Vegetables
Assorted Fruit, Milk

General Tso's Chicken **27**
Steamed Rice
Oriental Vegetables
Assorted Fresh Vegetables
Assorted Fruit,
Milk

Grilled Cheese **28**
Tomato Soup
Assorted Fresh Vegetables
Assorted Fruit
Milk
Pudding Cup

Porcupine Balls **29**
Garlic Knot Roll
Mashed Potatoes
Assorted Fresh Vegetables
Assorted Fruit
Milk

All students receive a complimentary lunch daily. Choices include: **Milk:** FF Chocolate or 1% White. **Fresh Fruit & Vegetable Bar:** (Take up to 2 fruits & 2 vegetables) Apple, Orange, Banana, Asst. Canned & Other Fresh Fruit as available, Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices & Asst. Other Vegetables as available. **Grains/Breads:** Half of all grain items are "whole grain rich", per the USDA regulations. To qualify as a free lunch, students must take 3, 4 or 5 items, (Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala cart prices are in effect. Smart Snacks available for purchase, payable at www.myschoolbucks.com, check or cash. Substitute cafeteria workers needed. Convenient hours, work while your child is in school! See website for information. www.basd.org Apply at the District Office. Brownsville Area School District is an equal opportunity provider and employer.

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Strawberry Cream Cheese Mini Bagels
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Yogurt & Granola Bar **4**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Hadley Farm Raspberry & Cream Filled Bar **5**
Egg/Sausage/Cheese Croissant
Super Bakery Goody Ring
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Mini Pancakes **6**
Egg/Sausage/Cheese Croissant
Super Bakery Goody Ring
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Fruit Smoothies **7**
Egg/Sausage/Cheese Croissant
Super Bakery Goody Ring
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Breakfast Pizza **8**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Act 80 Day In Service **11**

Sky Blue Bakery Crumb Cake **12**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Cherry Frudel **13**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Dunkin' Stick **14**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Pancake Sausage Flapstick **15**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Soft Filled Cinnamon Crunch Bar **18**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Funnel Cake & Sausage **19**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Hadley Farm Cinnamon Roll **20**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Apple Cinnamon Texas Toast **21**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Assorted BeneFit Bar **22**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Mini Waffles **25**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Apple Frudel **26**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Hadley Farm Apple Flip **27**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Pumpkin Bread Slice **28**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Pop Tarts
Assorted Cereal & Cereal Bars

Strawberry Cream Cheese Mini Bagels **29**
Egg/Sausage/Cheese Croissant
Super Bakery Mini Donuts
Assorted Muffins
Assorted Pop Tarts
Assorted Cereal & Cereal Bars

Meals are complimentary to all students; and include an entrée choice as listed above along with fruit and milk. Fruit choices include fresh, canned, 100% juice and dried fruit selections - choose up to 2 servings of fruit. Milk choice includes: FF Chocolate or 1% White. At least 50% of breakfast grain items are "whole grain rich", per the USDA guidelines. Also per USDA guidelines, students must select at least a ½ cup portion of fruit, and at least 2 other items for a free breakfast, otherwise ala cart prices are in effect. **BASD is an equal opportunity provider and employer.**

